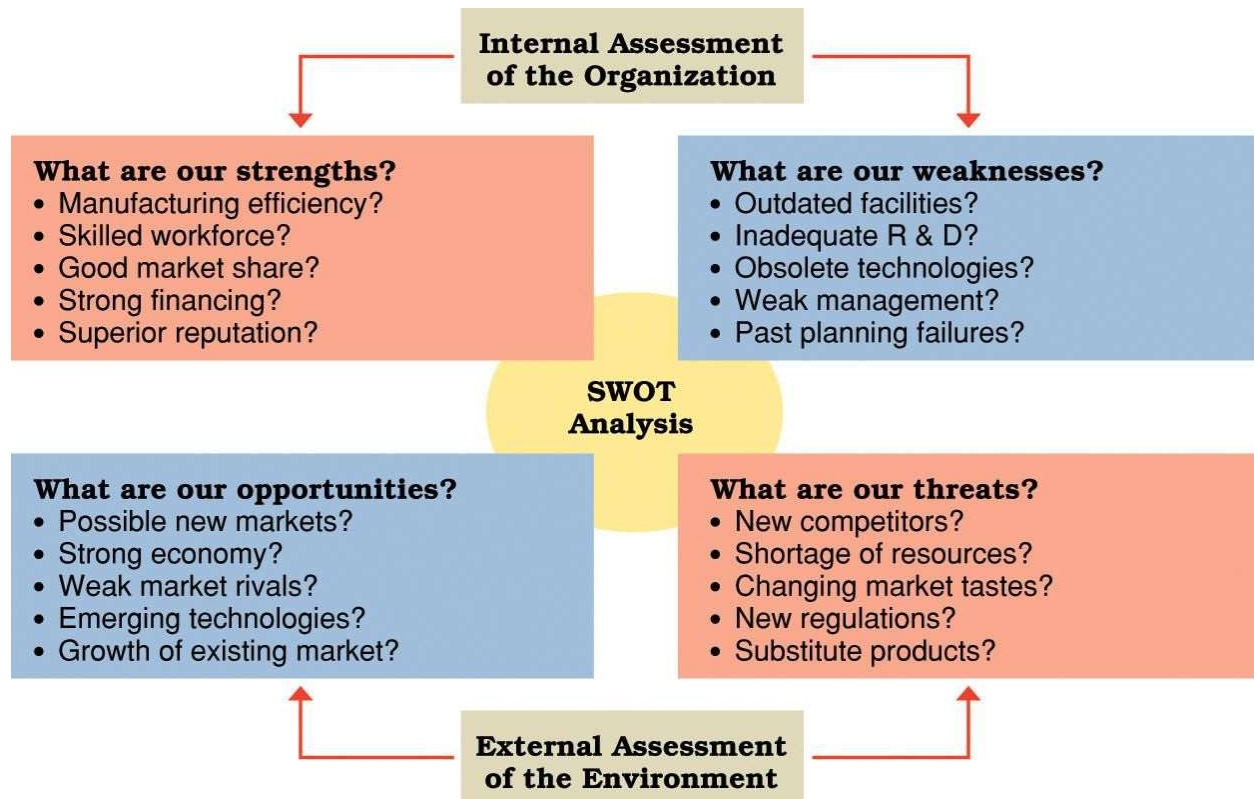




<p><b>Strengths: What is it that our company is good at and that we should keep focussing on!</b></p> <ul style="list-style-type: none"><li>•</li></ul>	<p><b>Weaknesses: What are things we are not good at that we either need to improve, outsource, let go of etc.</b></p> <ul style="list-style-type: none"><li>•</li></ul>
<p><b>Opportunities: What is it that that we can focus on to create a competitive advantage. Often strengths will come to mind, which is great, but do not discount weaknesses or even threats. Sometimes they offer hidden opportunity.</b></p> <ul style="list-style-type: none"><li>•</li></ul>	<p><b>Threats: What threats exist for our business both inside and outside the company. Anything from your overall well being and the well being of others, to the political environment are good to be considered.</b></p> <ul style="list-style-type: none"><li>•</li></ul>



Are you suffering from stress, overwhelm, low self-compassion, lack of energy, emotional roller coasters, or constant wondering and wandering? Maybe you are filled with apathy, pessimism, or are you numb to life.

You may feel alone. But you are not, and I have also been there.

I have experienced many transitions, changes, and rollercoasters myself. I have been where you may now be. But I got out of it, survived, and created a new life full of abundance for myself, my family, and my business. Now I work as a coach, helping organizations and people create a new life, new businesses or new careers that fulfill their own definition of success.

If you are looking at the unclear path ahead, unsure of what the first step is, feeling like you are alone, and not knowing where to turn for help - I can help you.

I can coach you towards getting deeper relationships, more fulfillment, and even a healthier bank account. If you are ready for that abundant mindset where you get everything you want inside and outside of work, then contact me today.

**Accelerate your progress towards your ideal life, business, or transition with online self paced courses and individual coaching. To find out more visit my website! <https://davesinclair.ca/services>**

**Or contact me today for a free 1:1 Discovery Call: Email: [Dave@DaveSinclair.ca](mailto:Dave@DaveSinclair.ca)**